## **ALTERNATIVES** Youth Diversion Education

## Friday, September 5, 2025

Virtual Presented by Dodi Haug & Stephanie Kinnander Cost is FREE | 9:30 AM – 3:00 PM CST | Virtual Space is limited to 30 participants – Register SOON!

Program Goal - to reduce the number of alcohol – and other drug-related crimes committed by individuals under the age of 21.

Objectives of the facilitator training:

- Define the theories supporting the foundation of *Interactive Journaling*, an evidence-based practice
- Describe the Alternatives Interactive Journaling curriculum
- Demonstrate effective implementation strategies for Interactive Journaling
- Practice effective facilitation strategies

The basic premises of *Alternatives Youth Diversion Education* Program are:

- People can change their behavior if they have the motivation and the tools to do so.
- ✓ Participants are responsible for the choices they make. This program can help participants make informed decisions yet; ultimately, they alone possess the power to choose.
- ✓ Brief interventions can be effective catalysts for change.
- ✓ Knowledge alone does not equal change.
- ✓ Interactive group process helps facilitate change.

## COST IS FREE!

## Register by August 22, 2025 @

https://www.humanserviceagency.org/NEPrevention/neprctrainings

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